

## Explore the Theme — “Love-sowing God”

The SHCJ February Meditation combines the sung poem by Steve Garnaas-Holmes with Taryn Harbridge’s musical rendition of “The Water is Wide”  
for other “Explore the Theme” postings visit: <https://www.shcj.org/explore-the-theme>

### LOVE-SOWING GOD

by Steve Garnaas-Holmes

Love-sowing God, sow love in me.  
Sow seeds of grace abundantly.  
My soul be soil where love may root  
And grow and bear your precious fruit.

Where habit’s feet and wheels have tracked,  
My anxious work the soil has packed,  
Soften my soul with bliss or pain  
So love may enter in again.

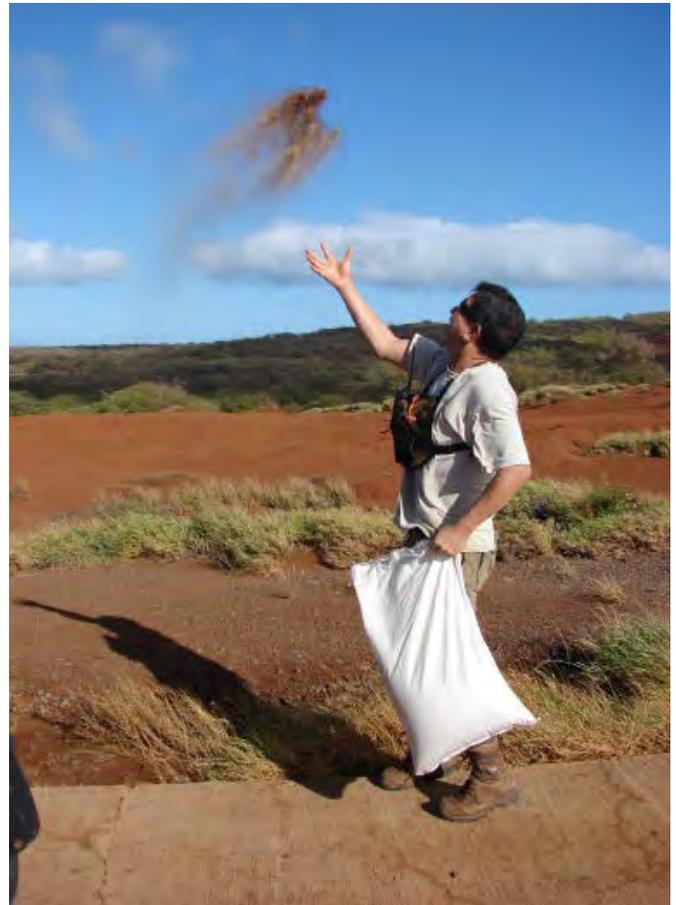
My angry thorns, my selfish weeds,  
God, clear away, and sow your seeds,  
Despite the hungry, wanting bird,  
Love, plant in me your living Word.

Love-sowing God, your labors done,  
Help me to trust the rain and sun,  
Receive your grace and faithfully  
Bear forth your love that grows in me.

**VISIT:** <https://unfoldinglight.net/about/> — the author’s website which offers “a daily reflection rooted in a contemplative, Creation-centered spirituality .... for anyone who wants to be a part of God’s healing of the world.”



Unless the wheat seed falls into the ground and dies,  
it remains alone. If it dies, it brings forth much fruit.  
Love is patient, love is kind ... not envious or boastful  
or arrogant ... believes all things, hopes all things,  
endures all things. Love never ends.



Make “Love-sowing God” a sung prayer by singing it to the melody of “The River is Wide,” also called “The Water is Wide.” There are many versions of this available on line, but the following composition for piano and violin works smoothly with it:



**LISTEN:** “The Water is Wide” arranged and performed by violinist Taryn Harbridge, accompanied by her sister at the piano. Taryn describes herself as “a born again Christian” who loves “to share the amazing good news of the gospel with the world” — <https://www.youtube.com/watch?v=uMYbop-1wXNo>



**WATCH:** The FEBRUARY MEDITATION on <https://www.shcj.org/american/> to enjoy the Garnaas-Holmes lyrics combined with the Harbridge rendition of the music.